

#### **Dairy Fun and Facts!**

Adopt A Cow Virtual Activity St. Louis District Dairy Council How many days does it take for your milk to get from the farm to the grocery store?

A. 6
B. 2-3 →
C. 10
D. 5

Chocolate milk comes from brown cows?

A. TrueB. False

#### How many gallons of milk does a cow make each day?

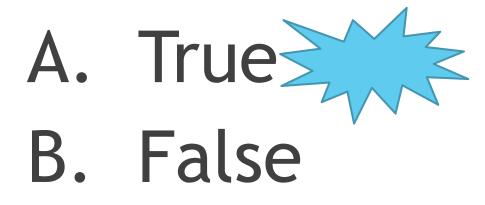
A. 1 B. 2 C.  $6\frac{1}{2}$  One of the healthiest snacks for your teeth is cheese?

# A. TrueB. False

What mineral (found in dairy foods) is important for healthy teeth and bones?

- A. Water
- B. Salt
- C. Grass
- D. Calcium

Dairy farmers work 365 days a year in rain, snow and sunshine.



## Which food is not in the dairy food group?

- A. Milk
- B. Yogurt
- C. Eggs
- D. Cheese

### All milking cows are black and white cows?

A. TrueB. False

Dairy farmers keep their cows as comfortable as can be. Which of these does a dairy farmer do each and every day?

- A. Feed the cows
- B. Give water to the cows
- C. Clean the cow barn
- D. All of the above



#### Good job! We hope you have learned something new about dairy foods and dairy farms!

